the seat of honour at the end of the tea-table, add to the interest of the gathering.

There is no pre-arranged programme ; everything is delightfully informal, but, while the "boys" enjoy the cigarettes provided by their hostess, one of the Sisters presides at the piano, and some excellent songs-both solos and choruses -are provided by the guests.

About five o'clock there is an adjournment downstairs for tea, when the visitors sit round the table, and a substantial tea is provided, including sandwiches, cakes, rosy Canadian apples, and other good things. One of the men, dubbed'" Hercules ' by his comrades, though he is by no means Herculean in stature, picks up and carries downstairs one of the guests who is unable to walk.

After tea there is more music, and at last, at

country and her Overseas Dominions, and the capable, happy and charming Sisters of the Canadian Army Nursing Service are helping all they know to strengthen them. All success and good luck to them. M. B.

OVERSEAS NURSES AT THE LYCEUM.

There is to be a special Tea Party at the Lyceum Club on Tuesday, 14th inst, when Over-Seas Nurses will be the guests of honour. Canada, Australia, New Zealand, and let us hope South Africa, will all be represented. A Dinner is also anticipated on Monday 20th, when it is hoped that the Canadian Unit of the French Flag Nursing Corps may have arrived in London.



WOUNDED SOLDIERS ENTERTAINED AT THE CANADIAN NURSES CONVALESCENT AND REST HOME. THE HON, MRS. GRAHAM MURRAY, MISS CAMERON-SMITH.

6.45, after "God Save the King" has been loyally and lustily sung, and three cheers given by the "boys" for their kind hostesses, they are packed into the motor bus provided by the Volunteer Motor Mobilization Corps, and drive off to Chelsea, promising, if possible, to come again. Well, indeed, they may, for there has not been one dull moment all the afternoon, and there has been much enjoyment, friendliness and goodwill.

We can well imagine that Captain Graham-Murray, at present with his regiment, but who is kept informed by his wife of the uses to which the house is put, feels that it has never given him so much pleasure as during the present year. Cer-tainly, it is forging many links between the old

RELIEF EXPEDITION FOR RUSSIA.

Quite a number of friends were on the platform at King's Cross on Tuesday afternoon to bid God speed to Miss Violetta Thurstan, Secretary of the National Union of Trained Nurses, when she left for Russia to make arrangements for the unit of Nurses being sent out for work amongst Russian and Polish Refugees. Miss Thurstan was wearing the cloak and veil which she adopted when working in Russia, and on the cloak the ribbon of the Order of St. George. Underneath showed a blue and white check apron bearing the Red Cross. Stowed away in the carriage were a sheepskin and a tea basket. To her other impedimenta Miss Thurstan was apparently inindifferent.



